

25th June 2022

Bangor- Ron O'Meara

1	Lachlan Wheeler	11:33.9
2	York McManus	12:00.7
3	Ben Wichgers	12:23.5
4	Jude Low	12:33.1
5	Capri McCarthy	12:42.2
6	Chelsea Gruchot	13:19.6
7	Louise Reid	16:27.0
8	Geoff Day	18:46.1