

28th May 2022

Sylvania Track

1	Andy Cross	16:28.7
2	Seth Healy	17:57.2
3	Jairus Brealey	18:47.8
4	Brad Plummer	20:45.5
5	John Bowers	21:56.1
6	Alistair Watchorn	22:13.9
7	David Begovski	22:38.6
8	Capri McCarthy	22:43.7
9	Michael McCarthy	22:45.0
10	Michael McCarthy	23:51.8
11	Lucas Cross	24:05.4
12	Ian Berry	24:44.6
13	Fiona Byrne	25:24.2
14	Michael Lenarduzzi	25:36.7
15	Matt Nourse	26:53.2
16	Leonie Arentz	30:27.8
17	Sue Ward	30:29.1