

SUTHERLAND DISTRICT ATHLETICS CLUB INC

AFFILIATED WITH ATHLETICS NSW INC



63rd Annual Report Year Ending 31st March 2022



www.sutherlandathleticsclub.com.au

SUTHERLAND DISTRICT ATHLETICS CLUB INC

AGENDA OF MEETING 29 MAY 2022

- WELCOME
- MINUTES OF 2021 AGM
- REPORTS OF COMMITTEES AND OFFICIALS
- ELECTION OF 2022-2023 COMMITTEE
- GENERAL BUSINESS
- PRESENTATION OF TRACK AND FIELD AWARDS

SUTHERLAND DISTRICT ATHLETICS CLUB INC

2021-2022 Committee Members

Patron Peter Simpson

Management Committee

President David Scott

Senior Vice President Justin Low

Secretary Terry Ross

Treasurer Susan Whatley

Registrar Prahlad Warszawski

Track and Field Manager David Scott

Walks Representative Kirsten Croker

Management Committee Support Ray Allen, Kirsti Boothroyd

Other Club Positions

Publicity Vacant

Canteen Tracy Glanville – Assisted by Rhonda Galloway

Website and Facebook Alex Hulley

Club Captain Costa Kousparis

ANSW Delegates Terry Ross, Ron Cozijnsen, David Scott, Greg Graves

Club Records Sue Ward

Club Coaches Terry Ross, Ron Cozijnsen, John Bowers, John Bowers Jnr, Paul Hallam, Davina Strauss, Jacinta Doyle, Bree Andersen, Jordan Andersen, Breanne Clement, Karyne Di Marco, Ryan Talbot, Michael Distefano, Shaun Street

Social Media Daniel Watchorn

SUTHERLAND DISTRICT ATHLETICS CLUB INC

LIFE MEMBERS

Stan Sheringham OAM (dec'd)

Zora Fibbons OAM (dec'd)

John Treloar (dec'd)

Marie Tillett (dec'd)

Paul Curtis

Lyn Jacenko

George Miller (dec'd)

Susan Whatley

Geoff Smith

John McDougal

Alex Hutt OAM (dec'd)

Ray Allen

Peter Verstegen

Robyn Allen

Keith Halpin

Ted Barclay (dec'd)

Bob Hadfield (dec'd)

Peter Simpson

Peter Hadfield

Peter Ikin

Roger Green (dec'd)

Ian Graves

Fred Hoare

Geoff Clark

Paul Sanger

Peter Ellis

Keith White (dec'd)

Bob Reus

Steve Henderson

Terry Ross

Peter Hutton

Heather Mitchell

PRESIDENTS REPORT

The season we learned to live with Covid. Let's hope we can get back to some kind of normal.

Unfortunately, Covid hindered our Cross-Country Season again with only a few events being held.

This I believe saw athletes eager to compete with large numbers competing in the State 3000.

We were fortunate enough to run all our summer series events with increased numbers across the five meets with thanks to the following businesses for supporting our competition **The Running Company-Shire, Revvies and BC Sands** plus support from **Tradies** in purchasing our new starting blocks.

We were lucky to be able to Watch **Oliver Hoare** compete so well at the delayed Olympic Games in Tokyo. What a great result in making the Final of the 1500.

Oli then backed that result up with a 5th placing in the 1500 at the World Indoor Championships.

Looking forward to watching Oli's future in athletics.

We also had **Sarah Walsh** compete in the Paralympics in Long Jump competing in her 2nd Paralympics and still only in her early 20's .

Then we go to our evergreen **Elzy Wellings**, who I believe will go down as our greatest athlete. She has turned to Marathon running and in her debut Marathon, Elzy ran the 4th fastest debut marathon for an Australian. She has since gone on to run a 2.25 marathon moving her to 4th all time by an Australian and a comm games & world champs Qualifier.

I'd like to thank the committee and regular helpers that assist in us being able to run this club. Unfortunately the majority of work is done by a few people, with one of those long serving, Life Member Sue Whatley stepping down after many years of involvement and hard work the amount of work she has done needs to be fulfilled. Thus, we **Really need some new helpers** whether it be on the committee or just putting your hand up to help at our Track & Field meets or our Cross Country.

We can't be leaving this to members who are in there 70' and 80's, we need some younger members or parents of members.

I'd like to acknowledge 2 of our new younger committee members **Alex Hulley**, who is not only a champion Hammer Thrower she has also taken on the role of Website manager. Having a website up to date with correct information is important to getting information out. The Other **Daniel Watchorn** has taken on the Publicity/Social Media role within the Committee. Daniel not only keeps everyone update through Facebook and Instagram (again very important in keeping members updated) he also puts his hand up to be on the to help run Cross Country, Summer Series and organising relay teams both T&F and CC. This making Daniel a unanimous winner of **Club Person of the Year**.

I wish **Sue Whatley** all the best in her retirement from the Committee. Sue has been the club's treasurer over 2 stints for many years. She has work tirelessly to keep the club running professionally and financially healthy. The work she has been doing will only be realised now that she has moved on. Things like organising Sylvania Waters Athletics Track school carnival rental, the canteen that goes with this, applying for grants and doing extra to get the best deals for the club, be it Electricity prices, fees etc all on top of the usual Treasurer role.

Sue it's been a pleasure working with you in keeping this Club that you so dearly love running. Enjoy your time traveling and any other pursuits you wish to undertake.

David Scott

President

Sutherland District Athletics Club Incorporated **2021/2022 Treasurer's Report**

During season 2021/2022 the club encountered many unique challenges and disappointments primarily arising from the Covid pandemic restrictions and in particular lockdown. Competitions were cancelled / postponed, school athletic carnivals at Sylvania Waters Athletic Track were greatly disrupted and sadly the club's Half Marathon abandoned.

The Australian government's introduction of policies and procedures and restrictions based on expert advice sought to minimise the catastrophic consequences of the pandemic experienced in other parts of the world. Fortunately the government also introduced financial assistance measures for both eligible individuals and organisations in an attempt to minimise the financial impact of Covid restrictions.

Given the club's ongoing compliance with government legislation in relation to financial reporting the club this season was again eligible to access government financial assistance during these difficult times. As occurred during the 2020/2021 season in relation to the club being eligible for and receiving the Cashflow Boost of \$20,000.00, this 2021/2022 season the club was eligible for and received a Services NSW Business Grant of \$13,500.00.

Whilst application processes for both forms of financial assistance did involve considerable effort and time, and on both occasions coincided with being under considerable pressure at work, each application process was seamless. Having adhered to the policies and procedures of the club in relation to prompt preparation of monthly accounts despite the pandemic all necessary historical and current information required for both applications was readily available in each instance.

Receipt of the NSW Business Grant this season was the club's main source of income and resulted in the club being in the fortunate position of being able to waive the club fee component of registration in acknowledgement of the disruptive season experienced last season and also that some club members have been greatly impacted financially by the Covid pandemic. The government financial assistance received by the club also ensured that the Incentive Scheme was able to continue to operate as intended to encourage athletes, coaches and officials to pursue excellence in their respective areas of athletic expertise. Payments under the Incentive Scheme to eligible athletes, coaches and officials totalled just under eight thousand dollars during 2021/2022.

The club was extremely fortunate that despite the Covid pandemic some school athletic carnivals were able to be held at Sylvania Waters Athletics Track during the 2021/22 season resulting in equipment hire being the club's second major source of income. The club is fortunate to have Rhonda Galloway in charge of the administration of school athletic carnival bookings for Sylvania Waters Athletic Track. For many years Rhonda has worked tirelessly streamlining the intricate process involving not only booking officers at Sutherland Shire Council but also accounts staff at Edconnect (and their everchanging requirements re public school supplier payments) and the office staff at over 70 schools. Impressively Rhonda

resolved all issues raised in relation to the school carnival booking system during the 2021/2022 season and for this the club is very grateful.

Pivotal to the successful running of school athletics carnival is the important role the club groundsman and it was with deep regret that during the season the club advised club members of the sad passing of Geoff Mackey who was the club's current groundsman at the time of his death. Geoff "ran a tight ship" with everything in its place and was very reliable.

For Tracey and her team in the canteen unfortunately for the majority of school athletic carnivals held during 2021/2022 only school students and teachers were allowed to attend, ie no parents / spectators, which made operating the canteen profitably extremely challenging given the reduced customer base before lock down.

Under such difficult circumstances special thanks to Tracey, Rhonda and all those involved who worked so diligently to ensure canteen losses were minimised by ensuring all unopened stock still in original packaging was returned promptly to key suppliers for credit. Your efforts are greatly appreciated.

Unfortunately however the sudden three month lockdown in the middle of 2021 gave rise to what has been estimated as just under a four thousand dollar loss arising from the canteen being unable to "trade normally" and is shown in the club's accounts as "abnormal expenses". The majority of the loss can be attributed to the unprecedented situation that stock that any stock removed from suppliers original packaging could not be returned for credit and unfortunately the majority of this stock had a short "use by" / "best before" date meaning it could not be carried forward for sale in 2022/2023 season.

For 2021/2022 gross canteen sales were just under forty thousand with total cost of sales for normal "trading" of over thirty nine thousand meaning that less than a thousand dollars was in fact generated from normal "trading" canteen operations. Given the myriad of obstacles faced by Tracey and her team this result is to be congratulated. The trials and tribulations of the 2021/2022 season led to a full review of all sell v cost prices conscious of the impact inflation is expected to have during 2022/23. With ongoing "fine tuning" it may well be possible that as the club emerges from the pandemic that the 2022/23 season canteen results could return to the benchmark results of ten years ago when in 2012/2013 a gross margin of 15.94% was achieved from gross sales of \$94,575.49.

Significantly the lock down was during winter and council prudently closed both Sylvania Waters Athletic Track and Waratah meaning no night track lighting electricity expenses were incurred during that period. Whilst this meant that for the club overall electricity costs for 2021/2022 dropped slightly, allowing for price variances, it has highlighted the fact that there are ongoing significant "other" electricity costs that the club needs to address specifically at Sylvania Waters Athletic Track in an attempt to not only reduce overall electricity costs of the club but also the club's carbon footprint. Installation of solar panels at Sylvania Waters Athletic Track may be the ideal solution and perhaps even eliminate the ongoing battle experienced by the club when recharging electricity costs to third parties.

Fortunately post lockdown the club was able to build on the successes of the previous season. David Scott worked tirelessly to arrange both summer series meets and another Elzy Wellings 1000m to be held at Sylvania Waters Athletic Track during 2021/2022. So impressed one member of the community must have been with last season's Elzy Wellings 1000m the club received a "mystery donation" towards the 2021/2022 Elzy Wellings 1000m which the club greatly appreciates. In addition to the combined net financial contribution to the club of holding all events the benefits to athletes and the exposure the club received alone are reasons to continue holding such events. Special thanks to Ray and Robyn Allen and also David's wife Tracey who all worked tirelessly to ensure the success of all events hosted by the club.

Elsewhere in the club's annual report athletes' performances at the above meets will no doubt be detailed along with performances of club athletes at numerous other meets and championships and in particular the cross country season. Congratulations to those who have had success and also to those who through hard work continue to improve and achieve personal goals.

As the world emerges from Covid the club continues to be well placed to face ongoing challenges. This perhaps can be attributed to the fact that the club continuously fine tunes policies and procedures aimed at safeguarding the club's assets. Adherence to club policies and procedures by all those associated with the operation of the club will no doubt mean athletes, officials and coaches will continue to be able to benefit from such excellent initiatives as the club's Incentive Scheme and the recently established academy - both possible due to the club's strong financial position.

To every member of the club committee and all other volunteers, officials and coaches on behalf of all club members thank you for providing the framework enabling athletes to compete and train. In particular my personal thanks to committee members David Scott, Terry Ross, Justin Low, Prahlad Warszawski, Ron Cozijnsen, Ray Allen, Kirsten Crocker, Alex Hulley and Daniel Watchhorn for not only your continued support of the club I have personally witnessed but the assistance and support provided to me in my role as Treasurer during such a challenging season.

As a consequence of the Covid pandemic so much has changed in the way we work and live and undertake and enjoy everyday activities. Now more than ever maintaining open communication is key to the success of any organisation. Thanks to the efforts of Daniel Watchhorn this key priority for the club has been attained via the club's website and Facebook page. Both club members and the broader community during the 2021/2022 season have been better informed being made aware in a timely and professional manner of the most important issues in relation to the club in this environment of rapid change. Testament to his contribution to the club Daniel is a popular choice as 2021/2022 "Club Person of The Year". Congratulations Daniel.

For many years I have enjoyed being both Treasurer and Public Officer of the club but on the 30th April 2022 I made the decision to step down from both roles due to personal reasons and with the best interests of the club in mind. I wish the club every success in its future endeavours.

Susan Whatley

SUTHERLAND DISTRICT ATHLETIC CLUB INCORPORATED
2021 / 2022 FINANCIAL STATEMENTS

PROFIT & LOSS STATEMENT TWELVE MONTHS ENDING 31.3.22

INCOME	2022	2021
Donation/Sponsorship/Grants	\$ -	\$ 3,500.00
Equipment Hire	\$ 9,581.80	\$ 6,300.02
Interest	\$ 802.43	\$ 950.39
Electricity Recharged	\$ 1,283.50	\$ 1,326.75
Elzy Wellings 1000m	\$ 2,333.50	\$ 1,736.37
Fundraising	\$ -	\$ 1,780.00
Marshalls / Half Marathon	\$ -	\$ 2,487.54
Registrations	\$ 2,558.29	\$ 9,407.64
SSC Cleaning	\$ 2,973.85	\$ 324.00
Summer Series	\$ 4,847.33	\$ 3,249.10
Uniform / Hoodies / Timing Tags Sales	<u>\$ 2,589.15</u>	<u>\$ 1,494.35</u>
	<u>\$ 26,969.85</u>	<u>\$ 32,556.16</u>
Canteen Sales - School Carnivals	\$ 39,753.94	\$ 1,168.77
Less Cost of Sales	<u>\$ (39,672.04)</u>	<u>\$ (764.58)</u>
	<u>\$ 81.90</u>	<u>\$ 404.19</u>
GROSS INCOME	<u>\$ 27,051.75</u>	<u>\$ 32,960.35</u>
<i>less</i>		
EXPENSES		
Affiliation / Insurances	\$ 1,686.41	\$ 2,745.32
Advertising	\$ -	\$ 817.45
AGM / Supper / Report	\$ 922.91	\$ 89.00
Bank & Paypal Charges	\$ 248.38	\$ 214.66
Cleaning	\$ 2,164.91	\$ 324.00
Club Administration	\$ 978.39	\$ 880.18
Cross Country Operations	\$ 56.32	\$ 32.86
Depreciation	\$ 3,881.90	\$ 3,789.40
Donations	\$ 615.00	\$ -
Electricity	\$ 3,255.09	\$ 3,607.79
Elzy Wellings 1000m	\$ 3,225.07	\$ 1,750.00
Equipment Purchases	\$ 2,569.22	\$ 293.06
Equipment Rental	\$ -	\$ 1,054.55
Fundraising	\$ -	\$ 896.61
Ground Set Up / Tent	\$ 3,045.54	\$ 1,614.00
Race Software / MYOB	\$ 567.17	\$ 414.80
Registration / Relays / Winter Club	\$ 3,166.94	\$ 2,175.15
Repairs & Maintenance	\$ 99.09	\$ -
Summer Series	\$ 2,598.63	\$ 1,570.23
Trailer Expenses	\$ -	\$ 322.43
Travel & Incentives	\$ 7,830.92	\$ 1,952.54

SUTHERLAND DISTRICT ATHLETIC CLUB INCORPORATED
2021 / 2022 FINANCIAL STATEMENTS

Trophies & Awards (inc Half Marathon)	\$ 1,622.72	\$ 6,620.87
Uniforms / Timing Tags	<u>\$ 1,564.76</u>	<u>\$ 1,540.20</u>
	<u>\$ 40,099.37</u>	<u>\$ 32,705.10</u>
OPERATING PROFIT	<u>\$ (13,047.62)</u>	<u>\$ 255.25</u>
<i>add</i> ATO Cashflow Boost	<u>\$ -</u>	<u>\$ 20,000.00</u>
<i>add</i> Servics NSW Business Grant	<u>\$ 13,500.00</u>	<u>\$ -</u>
<i>less</i> Abnormal Expenses Canteen	<u>\$ (3,911.00)</u>	<u>\$ -</u>
NET PROFIT	<u><u>\$ (3,458.62)</u></u>	<u><u>\$ 20,255.25</u></u>

BALANCE SHEET AS AT 31.3.22

CURRENT ASSETS	31.3.20	31.3.21
- Cash on Hand		
Main Cheque Account	\$ 25,293.80	\$ 20,913.26
Canteen Cheque Account	\$ 0.60	\$ 0.60
Fund Raising Cheque Account	\$ -	\$ 2,095.12
Australian Mutual Bank Account	\$ 25,481.96	\$ 11,063.38
Paypal Account	\$ 186.67	\$ 52.00
President's Float	\$ 500.00	\$ 111.00
Vice President's Float	\$ 55.00	\$ -
Term Deposits	\$ 93,389.25	\$ 108,714.45
Float Canteen	<u>\$ 370.00</u>	<u>\$ 444.25</u>
	<u>\$ 145,277.28</u>	<u>\$ 143,394.06</u>
- Accounts Receivable	<u>\$ 3,821.08</u>	<u>\$ 4,290.00</u>
- Inventory - Canteen	<u>\$ 6,952.36</u>	<u>\$ 3,694.08</u>
- Inventory - Timing Tags	<u>\$ 892.31</u>	<u>\$ 944.44</u>
- Inventory - Uniforms & Hoodies	<u>\$ 4,914.46</u>	<u>\$ 7,234.00</u>
TOTAL CURRENT ASSETS	<u><u>\$ 161,857.49</u></u>	<u><u>\$ 159,556.58</u></u>
<i>less</i>		
CURRENT LIABILITIES		
- Equipment Hire In Advance	\$ 8,209.10	\$ 4,472.71
- Cleaning Fee in Advance	\$ 1,302.53	\$ 985.20
- Half Marathon in Advance	\$ -	\$ -
- Sundry Creditors	\$ 833.17	\$ 1,854.69
- GST / PAYG Withholding	<u>\$ 1,001.29</u>	<u>\$ 1,230.86</u>
TOTAL CURRENT LIABILITIES	<u><u>\$ 11,346.09</u></u>	<u><u>\$ 8,543.46</u></u>
NET CURRENT ASSETS	<u><u>\$ 150,511.40</u></u>	<u><u>\$ 151,013.12</u></u>
<i>Add</i>		
NON CURRENT ASSETS		
- Trailer / Timing & Other Equipment - at cost	\$ 42,955.32	\$ 42,030.32
- Less Accumulated Depreciation	<u>\$ 24,785.27</u>	<u>\$ 20,903.37</u>
TOTAL NON CURRENT ASSETS	<u><u>\$ 18,170.05</u></u>	<u><u>\$ 21,126.95</u></u>

SUTHERLAND DISTRICT ATHLETIC CLUB INCORPORATED
2021 / 2022 FINANCIAL STATEMENTS

Less

NON CURRENT LIABILITIES

- Ron O'Meara Trust Fund	<u>\$ 2,287.33</u>	<u>\$ 2,287.33</u>
NET TOTAL ASSETS	<u>\$ 166,394.12</u>	<u>\$ 169,852.74</u>

Represented by:

Current Year Earnings	\$ (3,458.62)	\$ 20,255.25
Retained Earnings	<u>\$ 169,852.74</u>	<u>\$ 149,597.49</u>
	<u>\$ 166,394.12</u>	<u>\$ 169,852.74</u>

SECRETARY'S REPORT 2022

This season saw some great performances from our Sutherland Athletes. I would like to congratulate them all on their efforts during this challenging year.

We had some great results at the State and Australian Championships. Congratulations to all athletes that competed.

Unfortunately due to Covid, I personally have been absent from many meetings and track events. Hopefully things will be much better from here on.

Thank you.

TERRY ROSS

CLUB SECRETARY

Sutherland DAC

Membership - Registrar's Report 2021/2022 season

During the current 2021/2022 season (1st sept 2021 through to May 11th 2022 thus far) 280 people have chosen to register with Sutherland DAC. This was approximately the same as the prior year, but still substantially lower (about 25%) than pre-covid numbers. There has, however, been some substantial redistribution amongst membership types this year. Dual athletes (those associated with LANSW) have grown while the numbers in the community membership category (cross country and Summer track series) have dropped. The increase in dual membership reflects a rebound in Little Athletics post covid lockdown.

As at the time of reporting there were 5 club members who had registered as non-competing members including volunteers and officials. The club has 2 life members registered (Heather Mitchell and Barry Pecar).

Registration Category	2020/2021			2019/2020		
	Female	Male	Total	Female	Male	Total
ANSW Competitor*	29	42	71	30	42	72
Club Runs Only	30	46	76	27	44	71
Dual Membership	78	50	128	55	34	89
Volunteer/Official	4	1	5	2	1	3
Casual Community	N/A	N/A	N/A	9	18	27
Total	141	139	280	133	139	272**

*2021/2022 categories are Open, Concession, and Winter.

Prahlad Warszawski

Club Registrar

11th May 2022

TRACK & FIELD MANAGER REPORT

The 2nd edition of our Monthly Summer Series was reasonably successful with good attendance numbers. Thank you to our club coaches for supporting these meets. The aim is to provide good competition for our athletes, any recommendations happily taken on Board.

We had a couple of issues with Clashes of meets (issue with ANSW planning) we have had preliminary talks with Illawong and Bankstown to try and avoid this issue.

The second **Elzy Wellings 1000** meet didn't quite reach the numbers i thought it would, a clash with ACT state champs took some athletes away. We did have more athletes compete in the main event and we did raise \$615 for **Love Mercy foundation** through entries. Planning is underway to make this bigger next season

The **Sutherland Sprint** saw the introduction of U/14, U/16 & U/18 age groups with good attendance.

State Relay

We had another successful state relays weekend fielding 65 teams thanks to the efforts of team organisers Ryan Talbot, Carlie Traino, Daniel Watchorn and Bree Clemments, having this amount of teams takes major organisation. We learnt a few things moving forward through this event.

Well done to all who competed with Special mention to Kaiah Wong and Fiona Byrne competing in none preferred events to make up teams

State Championships

We had good numbers compete at State Open, Juniors and Masters Championships. Well done to all who competed, with some great results some Highlights were

Matthew Bassanovic U/17 Gold 400H and Silver 110H

Jasynta Lamprett U/17 Gold 200, Gold 200H Silver 100H

Jordan Moore U/16 Gold 90H Gold 200H

Kai Taylor U/17 Gold Hammer, Bronze Discus

Kalisi Aualiitia U/14 Gold Hammer, Silver Shot, Bronze Discus

Kaiah Wong U/14 Gold Hammer, Gold Shot

Keirs Toohey U/14 Gold 400, Bronze 800

Mathalida Delfs U/15 Gold 400, Bronze 200

Ivy Boothroyde U/16 Gold 400, Gold 800

Renee Hardy Gold U/18 Hammer, Silver U/23 Hammer

Sally Shokry Open Gold Shot, Gold Silver

Alex Hulley Open Gold

Rod Simpson 45-49 Gold 800, Silver 1500

Peter Hutton 65-69 Gold 1500, Gold 3000 Steeple

Australian Championships

Congratulations to all who competed at Nationals, with fantastic results especially in the women's with so many great results some of our Australian Champions didn't win Club awards. **Emma Lee, Tammin Lamprett and Renee Hardy**

Stand out Results

Oliver Hoare Open 1500 Gold world Champs and Comm Games Qualifier

Alex Hulley Open Hammer 4th consecutive title

Ivy Boothroyd U/16 Gold 400, Gold 800 and 4x400 Relay Gold

Renee Hardy U/20 Gold Hammer

Emma Lee u/18 Gold 200, Bronze 100, Gold 4x100 relay

Jordan Moore U/16 Gold 90H, Silver 200H

Tammin Lamprett U/15 Gold 90H, Silver 200H

Samuel Perkins U/18 Gold Hammer, Bronze U/20 Hammer

Sally Shokry Open Silver Shot, Bronze Discuss

The following athletes have been named to compete at the Oceania Championships in June Alex Hulley, Costa Kousparis, Rennee Hardy, Samuel Perkins, Sally Shokry, Sarah Walsh, Emma lee and Ivy Boothroyd wishing them all the best.

We have also entered a club team in the U/16 competition at these championships with 15 athletes travelling to compete, thank you to Justin Low for organising this team.

Lastly Congratulations to Oli Hoare who finished 5th in the final of the 1500 at the world indoor champs, looking forward to seeing him compete in the world Championships and Commonwealth Games

Track and Field Manager

Dave Scott

Winter Race Walking 2021/2022

Sutherland Athletics Club always host an Open Day for the New South Wales Race Walking Club but this was unfortunately cancelled due to the recurring COVID-19 outbreaks. The Race Walking Club's normal season of 16 weeks was reduced to 8 weeks, although it was much better than the previous season which only lasted for two weeks! Sutherland have kindly offered to support another Open Day in the 2022/23 season, where the Secretary Terry Ross will present the awards.

Although it was a shorter than expected season for Winter Race Walking due to COVID-19 both Heather and Kirsten did officiate at the Athletics NSW's State Road Walk Championships, Oceania Athletics Invitational Series and the Race Walking Australia Championships which were all very well attended!

Our Race Walking Judges

Sutherland DAC has two World Athletics graded Walk Judges, Heather Mitchell and Kirsten Crocker, who are qualified to officiate in all events but who are among the most highly graded walk judges in Australia. These officials tackled one of the longest National Championships in recent years which went for 10 days of competition at Sydney Olympic Athletic Centre during April, 2022 with enthusiasm and dedication. They also officiated at the Sydney Track Classic as well as at numerous athletic competitions, and championships throughout the summer season.

Heather Mitchell was recently awarded Life Membership of Athletics Australia and presented with her badge at the National Championships in Sydney.



Brian Roe (CEO of Athletics Australia) and Heather after the presentation of her Life Membership award.

As an International Race Walking Judge Kirsten has recently given another Zoom seminar for Officials on Race Walk Judging on behalf of Athletics Victoria with the aim of inspiring a new generation of walk judges, this was attended by just over 70 people. She has also been selected to officiate at the World Athletics Championships in Oregon in July as a Walk Judge, this will include judging walkers over the new distance of 35km for both men and women. Finally with not much time to recover she will be flying off in early August to the Commonwealth Games in Birmingham to officiate once again as a Walk Judge.

SDAC Social Media (Publicity) Report – 2022

Over the past 12 months the use of social media (Facebook and Instagram) to promote the club and inform has had a significant benefit for both the club and it's members. It has been used as a tool to recognise the exceptional performances of our athletes, promote our club to the running community and facilitated in providing important information relating to the club.

In terms of promoting the performances of our athletes, it is hoped that this will encourage other athletes to aspire to succeed like these individuals by creating their own goals and to retain these athletes within the sport. An example of this is the promotion of the successes achieved by athletes such as Oliver Hoare who in the last year has competed in the Olympic Games Final, World Championships and came first in the Australian Championships.

We attempt to promote our club to the wider community by advertising upcoming events and giving athletes incentives to compete for our club such as by giving cash payments for exceptional performances. Through our advertising of upcoming events, we are able to reach more people by tagging other running groups/athletics club's pages and make our event's attractive to compete in for many athletes. We post many photos of athletes competing in our events and external competitions as a way of visually promoting what our club has to offer. In the last year, these practices have allowed the club to attract athletes to our competitions even when our events have occurred simultaneously to other events and retained high quality athletes who have gone on to continue to achieve success whilst representing our club.

Our pages also provide important information regarding upcoming events and other items such as membership to ensure that athletes and members are kept up to date with the club. This gives them the confidence to engage with the club and has been used as a vehicle to attract more athletes to come compete at our club. In the last year, this has been observed in the increased number of followers of our pages and number of people reached with our posts.

Our social media page is also effective in acknowledging and thanking our sponsors who support our club financially through our events. This shows that we appreciate their contribution and makes it more likely that they will come back to our club in the future which we have observed at our sponsored events this year.

Our social media pages have also benefitted from the support of Athletics NSW who have provided us with flyers that we have used to promote our events and to encourage athletes to compete in Athletics NSW's events. This has likely had a positive effect on participation rates in our events and theirs.

Our Facebook page has also acted as a resource for athletes and members to post their queries. These queries are handled effectively by providing relevant information and ensuring that everyone's questions are properly answered. This gives athletes and members the assurance that we care about their needs and have their best interests in mind.

SUTHERLAND DISTRICT ATHLETICS CLUB INC

2021-2022 TRACK AND FIELD AWARD WINNERS

WOMEN

Club Champion Open	Alexandra Hulley
Club Champion Under 20	Jordan Moore
Lyn Jacenko Long Jump Award	Charlie Hallam
800m Performance	Ivy Boothroyd
Field Performance	Sally Shokry
Track Improvement	Jasynta Lampret
Field Improvement	Alysha Pearson
Team Manager Award	Kaiah Wong

MEN

Club Champion Open	Costa Kousparis
Club Champion Under 20	Samual Perkins
800m Performance	Rod Simpson
Field Performance	Julio-Xavier Tatupu
Track Improvement	Ace Haslam
Field Improvement	Kai Taylor
Team Manager Award	Taurus Traino
Club Person of the Year	Daniel Watchorn